



*HeartShare St. Vincent's Services (HSVS) empowers youth, individuals and families to overcome the challenges of family crises, addiction, mental illness and poverty. Working together, we open new doors of opportunity to help New Yorkers in need achieve healthy and happy lives.*

**Our Mission:**

To nurture and support, with dignity and respect, children, adults and families in order to expand opportunities and enhance lives.

**Our Vision:**

Our commitment to excellent services and supports will enable children, adults and families to reach their fullest potential and lead meaningful lives as active participants in society.

**Our Services:**

Foster Care & Adoption • Preventive Services  
Health Services • Chemical Dependency Clinics  
Youth Residences • Children's Community Residences • Supported Housing Services • Youth Development • After School Programs

**HeartShare St. Vincent's Services**

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# Children's Community Residences



A Safe Home for Children Overcoming Behavioral Challenges



HSVS offers a safe, family-oriented environment to children overcoming behavioral and emotional challenges.

## HSVS helps children achieve their goals in a safe environment.

HSVS has four children's residences in Brooklyn and Queens for those ages 13-18.

With the help of our staff, our youth are dedicated to school, pursue gainful employment, learn financial literacy, achieve wellness and secure long-term housing.

The children in our residences live in safe, stable homes, where they strive to overcome their challenges. In this environment, our young people attend school and engage in community activities.

Program participants are part of a family, including peer housemates experiencing behavioral challenges and dedicated staff offering personal, academic and career counseling.

HSVS children's residences are staffed with compassionate, skilled professionals, who create a family-oriented environment, including clinicians, nurses, youth counselors, and social workers.

The HSVS team works closely with our youth and their families to ensure they're on the right track to achieve their personal goals and that their stay is a temporary one.

*For more information, call 718-522-3700.*



*"The HSVS team is very supportive. With their help, I was able to change how I react to the world around me and I can focus on doing well in school. They also assure me that my stay here is a temporary one and that I have a bright future ahead of me."*

-Richard, age 17

HSVS group home staff helps our children learn how to:

- Identify and handle their emotions.
- Avoid or lessen behavioral "triggers."
- Respond to peers and adults.
- Identify and talk to a supportive adult when necessary.
- Communicate with a therapist or counselor when necessary.
- Strengthen relationships with family and other key people.
- Develop and meet goals to achieve well-being in 6 months to a year.

### Are you worried about your child?

Visit the Child Mind Institute website to access the symptom checker:

<http://childmind.org/symptomchecker/>

#### Here's how it works:

You indicate the behaviors that are making you concerned about your child by answering a series of questions.

The Symptom Checker analyzes your answers to give you a list of psychiatric or learning disorders that are associated with those symptoms.

Since individual symptoms can reflect more than one disorder, this tool will give you a range of possibilities and guide you toward next steps.

This tool cannot diagnose your child, but it can help you inform yourself about possible diagnoses and will offer information and articles to help you learn about them, to facilitate a conversation with a professional.

The online tool is not a substitute for a diagnostic evaluation by a medical or mental health professional. If you believe your child has a psychiatric or learning disorder, please consult a professional.

*Note: All language above regarding the symptom checker and the tool itself is credited to The Child Mind Institute.*